**Circle Prompts**

Teambuilding:

* What is a strength of our team?
* What are your hopes or dreams for the upcoming year?
  + What is needed to accomplish these goals?
  + How can we work together as a team to accomplish these?
* What is a proud moment in your career as an educator?
* What is a perfect dinner for you? (main meal, drink dessert)
* Share something that always makes you laugh and tell us why you think it is so funny
* Why did you come to the job you currently have? What does this job mean to you?
* Please share a life experience outside of work that helped prepare you for the work you do
* What part of your job is most difficult and what makes it difficult?
* What kid of support would you like to help you in doing your job?
* What strength or gift can you offer to support others in your team?
* Who has been the most influential person in your life? What made this person so influential
* What is a goal you have for this year?
* Who is a colleague that inspires you? Why or how do they inspire you?

Weekly Reflection Circle:

* What is a rose and a thorn from this week?
* What was the best part about this week?
* What was the most challenging thing about this week?
* What do you wish you could have done differently this week?
* Tell us one thing that you are grateful for this week?
* What is one thing you are going to do this weekend to take care of yourself so you can start next week new
* If you could say one thing to your students/classroom, what would it be?

Working Through Challenges Circle:

* What is difficult in your work as an educator now?
* What inspires you to keep going when the work is discouraging?
* Who is someone you can lean on when times are difficult?
* What do you need from your colleagues during difficult moments
* What can you offer your colleagues during difficult moments?
* How can our school community support each other in this challenging time?
* What are your hopes for the upcoming year?
  + What are barriers and how can we overcome these challenges together?
* What do you do to practice self care in the areas of mental, physical and emotional wellbeing?
  + Which of these areas would you like to give more time to?
  + What is a realistic goal for self-care that you can set for yourself?
  + Why is it difficult to practice self care?

Getting Acquainted:

* Share a happy childhood memory
* If you could be a superhero, what super powers would you choose and why?
* How would your best friend describe you?
* What would you not want to change about your life?
* If you could talk to someone from your family who is no longer alive, who would it be and why?
* If you had an unexpected free day, what would you like to do?
* If you were an animal, what animal would you be and why?
* Name two things or people who always make you laugh.
* I like to collect….
* If you could have a face to face conversation with anyone, who would it be and why?
* Describe your ideal job.
* Describe your favorite vacation.
* If you could change anything about yourself what would it be?
* What do you think other people see as your best quality?
* What is one skill or talent that you have?
* Who are some of your heroes? Why are they your heroes?
* If you were a reporter, what kind of stories would you write about?

Storytelling from our lives to share who we are and what has shaped us (to build community):

* Invite participants to share:
  + A time when you were outside of your comfort zone
  + An experience in your life when you “made lemonade out of lemons”.
  + An experience of transformation when, out of a crisis or difficulty, you discovered a gift in your life.
  + An experience of causing harm to someone and then dealing with it in a way you felt good about.
  + An experience of letting go of anger or resentment.
  + A time when you were in conflict with your parents or caregiver.
  + An experience where you discovered that someone was very different from the negative assumptions you first made about that person.
  + An experience of feeling that you did not fit in.

Exploring Values:

* Imagine you are in conflict with a person who is important in your life. What values do you want to guide your conduct as you try to work out that conflict?
* What is your passion?
* What do you keep returning to in your life?
* What touches your heart?
* What gives you hope?
* What demonstrates respect?
* What change would you like to see in your community? What can you do to promote that change
* A time when you acted on your core values even though others were not.

Relating to Curriculum:

* The best/worst thing about this science project is…
* The main character in the book we are reading is like/not like me when…
* These math problems make me feel…

Community:

* What change would you like to see in your community? What can you do to promote that change?
* What is something you value about your community (culture, school, youth group, etc.)? Why?
* Your favorite place to go in your community and Why?
* The neighborhood that you grew up in. What are some of your earliest memories? What are some of your more recent memories?
* Something that you like and something that you do not like about your neighborhood. Why?
* What is one thing about your family (community, school, team, etc.) that you would change if you could?
* If you could change or overhaul two things in our culture or society, what would they be?

Taking Responsibility:

* How have we each contributed to this situation, and how can each of us, by taking responsibility, act differently now?
* Does anyone have anything to clear?
* What is unspoken in the group that blocks good relationships or possible success?
* Name one thing about yourself you would like to grow or improve in?
* What do you think other people see as a quality that you need to work on?
* What is the most important lesson in life you have ever learned? What made it so important?

Exploring Relationships:

* What is the most important quality to you in a relationship with someone else? How and why is it important to you?
* Talk about a relationship between people you know that you admire? Why?
* Who is someone in your life that you look up to?
* Who is someone in your life that you have learned from? What did you learn from them?
* Who is someone in your life that has helped you to grow? How have you grown? How did they help you to do so?
* Who was a teacher who influenced you in positive ways? In what way did they influence you?
* How are you different from your father if you are male, or from your mother if you are female?
* Tell us about a time when you felt like you really belonged?
* Tell us about a time when you felt left out?
* In what social setting or situation have you felt the least powerful? What was it that caused you to feel that way?
* What person or persons in your life are your greatest challenge?
* What do you remember that your father (mother) or father (mother) figure most often said to you?
* What have you learned about sex, relationships and responsibility?
* Complete this sentence: Let me introduce you to my father; he’s the kind of man who…(Do the same with mother.)
* What person or people know you the best, and how well do you feel they really know you?
* What do others want from you?
* What do you want from others?
* What is a quality that you’ve seen in the opposite sex that you’d like to have or have more of in yourself?
* What do you most appreciate about someone who is important to you in your life?

Hopes and Dreams:

* If you could go anywhere in the world, where would you go? Why?
* Close your eyes and imagine your self ten years from now-Where are you? What are you doing? Who/ What is one person or thing that stands out to you? Describe them. (You can also do this for your family, community, school, neighborhood.)
* What is it that you do that gives you the most pleasure?
* What is it that you do that gives you the most satisfaction?
* What is one skill or talent you wish you had?
* If you could do anything that you wished in the world, what would that one thing be?
* What did you dream about when you were a young child?
* What do you dream about now?
* What are three things you would do if you could change the world?
* What is a goal you have for yourself? How will you celebrate yourself when you accomplish it?
* What is one obstacle that gets in the way of your reaching your goals? What is your plan to overcome this obstacle?
* If you were totally free, what would that mean? What would it look like?
* What brings you the most joy?
* What are you honestly looking for in your life right now?
* What are you really trying to learn at this point in your life?

Celebrating Each Other and Ourselves:

* Who do you appreciate in this circle and why?
* What do you want to celebrate about the person sitting to your right?
* What is one experience you have had this year for which you are grateful?
* What is one gift you have brought to our group this year?

Anti-Racism, White Privilege and Equity

* What does race mean to you? Is race an important part of your identity on a daily basis?
* When are you most conscious of your race? Share an experience of being particularly conscious of your race
* When are you most conscious of the race of others?
* What would you like to learn more about regarding race? How can you go about learning more?
* Where does race make a difference in our society?
* How much do you have to think about the difference race makes in your daily life?
* How do you cope with the difficulties that race makes for you and others you care about?
* Why is it challenging to talk about race?
* Think about a time race had an impact on your life. Think about how you felt during that experience. If you are comfortable, share that experience with the group and how it impacted you.
* Are there places in your life that you can talk about feelings you have about the topic of race? If so, where are those places?
* What does the term white privilege mean to you?
* Do you see white privilege in the world around you? If so, can you tell us where you see it?
* Prior to our meeting read “[How White Fragility Supports Racism](https://www.cnn.com/2020/06/07/health/white-fragility-robin-diangelo-wellness/index.html)” and watch “[Deconstructing White Privilege](https://www.youtube.com/watch?v=DwIx3KQer54&t=1s)” - Is anything from the reading or video compelling or surprising to you? If so, tell us what got your attention and why
* How does white privilege manifest itself in our school?

General Circle Prompts:

Below ---->

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| --- | --- |
| 1. I feel happy when…  2. I feel sad when…  3. I feel angry when…  4. I feel scared when…  5. I feel excited when…  6. I feel stressed when…  7. I feel alone when…  8. The scariest thing…  9. My favorite hobby…  10. My favorite pet…  11. My favorite food is…  12. My favorite T.V. show is…  13. My favorite weekend activity is…  14. My favorite song is…  15. My favorite sport is…  16. My favorite color is…  17. My favorite weather is…  18. Rain makes me feel…  19. Wind makes me feel…  20. Sunshine makes me feel…  21. I feel happy when…  22. I feel sad when…  23. I feel angry when…  24. I feel scared when…  25. I feel excited when…  26. I feel stressed when…  27. I feel alone when…  28. The scariest thing…  29. My favorite hobby…  30. My favorite pet…  31. My favorite food is…  32. My favorite T.V. show is… | 33. My favorite weekend activity is…  34. My favorite song is…  35. My favorite sport is…  36. My favorite color is…  37. My favorite weather is…  38. Rain makes me feel…  39. Wind makes me feel…  40. Sunshine makes me feel…  41. Snow makes me feel…  42. Fog makes me feel…  43. Today I feel…  44. When I think of blue, I think of…  45. When I think of red,I think of…  46. When I think of green, I think of…  47. When I think of yellow, I think of…  48. When I think of black, I think of…  49. When I think of brown, I think of…  50. When I think of white, I think of…  51. If I were an animal, I would be…  52. If I were a famous actor/actress, I would be …  53. If I were a famous athlete, I would be…  54. When I graduate from high school, I want to …  55. When I become an adult, I want to…  56. When I start my career, I want to …  57. I can’t wait until…  58. Friends are …  59. Families are…  60. Putdowns make me feel…  61. Appreciations make me feel… |